

Commit to Getting Ahead. Write your future story.

Getting Ahead in a Just Gettin' By World 16-Week Experience

Tuesdays, 4:30 - 7:30 PM • Oct 26, 2021 - Feb 15, 2022

Theresa Presbyterian Church 117 Riverside Avenue Theresa, NY

“Getting Ahead in a Just Gettin’-By World” is an incredible 16-session program that encourages participants to build resources and create a plan for getting out of poverty and “Getting Ahead.” Through activities and group discussions, we investigate:

- Causes of poverty
- Hidden rules we all need to know
- Resources to improve life situations
- Strategies for writing our own future story

With “Getting Ahead,” no one teaches. Instead, we learn from one another by sharing our experiences, participating in problem-solving discussions and exploring ways to strengthen our community by helping people to move out of poverty.

Consider taking this step-by-step journey toward your future story.

“Getting Ahead” participants receive:

- Workbook and meeting materials
- Stipend to cover child care costs
- Transportation to and from meetings if needed
- Gift card incentives (\$25 each session)

Participants are expected to commit to the full 16 weeks. Space is limited. Call today for more information.

315.782.8440, ext. 240



Coordinated by Urban Mission in partnership with the Volunteer Transportation Center and Community Action Planning Council.

Funding provided by the Mother Cabrini Health Foundation, JLI Class of 2017 and the LEAD Council of the Northern New York Community Foundation.

Getting Ahead in a Just Gettin' By World

16-Week Experience

Getting Ahead in a Just Gettin' By World can help us to:

- Identify and solve problems in a safe group environment
- Do a self-assessment of our own resources
- Develop a plan, a future story
- Get support as we build resources

What happens in Getting Ahead:

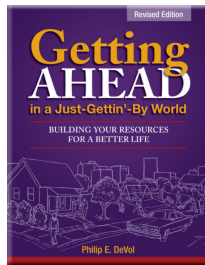
- Group of 12 - 14 meets with a facilitator for 16 workshop meetings
- Each workshop takes 3 hours
- There is no lecturing, no teaching
- Participants referred to as investigators are paid for their work

Expectations of a Getting Ahead investigator:

- Attend all sessions
- Help create and live by group rules
- Be accountable to the group for completing assignments

Supplies / Supports for Getting Ahead investigators:

- Workbook and meeting materials
- Meals at each session
- Stipend to help with child care costs
- Transportation to and from sessions if needed
- Gift card incentives (\$25 each session)



For more information, please complete the attached form and return to:

Urban Mission

247 Factory Street
Watertown, NY
Fax: 315.782.8441

09/24/2021

First and Last Name: _____

Address: _____

City, State and Zip: _____

Cell Phone: _____

Home Phone: _____

Email: _____

Date of Birth: _____ Gender: _____

Please list names and ages of children living with you:

Name(s)	Age(s)
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Place of employment: _____

Do you have access to reliable transportation? Yes No

How did you hear about Getting Ahead? _____
